

Kursplan



ab dem 01.05.2025

Montag

Dienstag

Mittwoch

Donnerstag

Freitag

16.00 Uhr

16.00 - 17.00

FIT Kids

17.00 Uhr

17.00 - 18.00

Jumping Fitness

17.00 - 18.00

Jumping Fitness

17.00 - 18.00

Jumping Fitness

18.00 Uhr

17.30 - 18.30

ZUMBA®

19.00 Uhr

18.30 - 19.30

Jumping Fitness

18.30 - 19.30

Jumping Fitness

20.00 Uhr

20.00 - 21.00

BoxingCombat

20.00 - 21.00

Pilates (online)